



Wyken Croft Primary School

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Dear Parents and Carers,

We have really enjoyed learning all about the Romans throughout our 'I Am Warrior' topic. To celebrate our learning, we are going to have a 'Roman day' on Friday 10<sup>th</sup> December. We would like all children to come to school dressed as Ancient Romans; this can be done very simply by using a white sheet wrapped around - almost like a toga. We have added some ideas to support you with this.

During 'Roman day' the children are going to create some Roman mosaic art, do some Roman maths, carry out some Roman sports and investigate some artefacts. We hope it will be a really fun day!

If your child chooses to wear sandals as part of their costume, can we ask that you send them in with a pair of trainers to wear outside please.

Thank you in advance for helping the children to fully participate and enjoy 'Roman day'.

Yours sincerely

The Year 4 Team.



## How to dress like an Ancient Roman

Most ancient Greeks used a simple sheet for clothing, wrapped around them in various ways. One of the most popular styles was called a chiton. Men's chitons were knee-length, and women's were ankle-length.

Cloaks were made of a plain oblong piece of thicker cloth, often with decorated edges. Soldiers wore special short cloaks, which didn't get in the way when the soldiers were fighting.

Women's hairstyles varied widely. Wealthy women had their hair curled, pinned into place, plaited in the back, or put into a bun. Hairstyles became much more elaborate during the peak of the Roman Empire.

Most Romans wore open sandals made from leather. Other types of shoes included closed boots called calcei and open shoes (sort of between a sandal and shoe) called crepida.

### Make your own Roman costume

You could use an old sheet and make a chiton to wear. Men generally wore white or off-white coloured clothing. There were certain colours or markings that showed the status of a man. Women wore white clothing until they were married. Once married, they wore clothing in a variety of colours.

Boys could wear an extra-large single colour T-shirt (ideally white), which should be knee-length. Wear a belt around your waist. A small single colour blanket would make a perfect cloak.

Girls could wear an ankle length plain single colour dress (ideally white), loosely belted. Girls also wore cloaklike boys, and sandals.

### How to make and wear a chiton

You will need:

A white sheet

A few safety pins

A belt or piece of rope

What to do:

1. Fold the top third of the sheet over
2. Fold it in half lengthways
3. Wrap the sheet around your body (under your arms). Use safety pins to hold the open side closed. Use two more safety pins to hold the sheet at your shoulders.
4. Tie a belt around your waist, and off you go!

